



HealthierUS Schools Challenge Bronze Certification

The HealthierUS School Challenge award is a 4 year certification that was created to recognize excellence in Nutrition and Physical Activity. In February 2010, First Lady Michelle Obama introduced **Let's Move!**, incorporating the HealthierUS School Challenge into her campaign to raise a healthier generation of kids.

As of January 24, 2013, there are **5,148** schools certified Nationwide or about 4% of all schools. In Ohio, our schools are 5 of only 40 to qualify for this prestigious award.

To qualify for this award/certification a school must exceed current state and federal nutrition requirements for lunches:

- 3/4ths of our grain offerings must be whole grains
- School must offer at least 5 different fruits every week with a minimum of 3 fresh fruits each week
- School must offer a variety of vegetables each week to include: dark green, orange or red vegetables and legumes.
- A la carte offerings are required to meet the HealthierUS Schools Challenge guidelines that exceed any current state or federal requirement.
- A school must provide non-competitive physical education options with a minimum of 20 minutes of actual physical activity each week.
- Nutrition Education must be provided once to twice during elementary and middle school years and must be available at the high school level.
- Encourage students to make good nutrition choices – Twinsburg Food Service encourages students to try new healthy options every day. My staff does this at all levels and through our "Fruit and Veggie Patrol" program, we provide positive reinforcement (via prizes) for students k-3 that eat fruits and vegetables
- Excellence in School and Community Involvement in Wellness Efforts - School must partner with one or more community groups to promote wellness. – Tiger Wellness Workshop and TigerFit Fun Run each year

This is a 4 year certification for Twinsburg City Schools (2012 – 2016).

The following are the folks that are a part of our school district that made it possible for Twinsburg City Schools to be a HealthierUS School District:

WILCOX PRIMARY SCHOOL

Lynn Villa
Gloria Sorace
Myrtle Hawks
Lori Miller
Carol White
Karyn Szydowski
Sonya Hammond

BISSELL ELEMENTARY SCHOOL

Misty Johnson
Elizabeth Eaton
Roseann Hodakievic
Kristi McCormick
Cheryl Petrilli
Maureen Waldeck
Julie Haines
Lauren Wilson

DODGE INTERMEDIATE SCHOOL

Barb Werstler
Sue Durst
JoAnne Barrett
Tina Leonardi
Lisa Fantone
Joanne Shimensky
Nancy Wolff
Harry Bendzuck
Jillayne Johnson

R. B. CHAMBERLIN MIDDLE SCHOOL

Belinda Scott
Loretta Narducci
Kathy Favitta
Cheryl Finnerty
Linda Goetz
Judi Sellman
Jennifer Andrassy
John Matune
Donald Springer

TWINSBURG HIGH SCHOOL

Louise Teringo	Karen Giaimo Carroll
Mark Bindus	Kelly Robinson
Sheila Bambic	Helen Kordal
Robin Krebs	Denise Suveges
Anne Buescher	Gus Crichlow
Katherine Peters	Al Hodakievic
Sharon Bukach	Merrin Richardson
Joan Ponter	

Other Twinsburg Awards: [2010 Stellar Nutrition Award / Letter](#) [2011 Stellar Nutrition Award / Letter](#)